

Orthopedics ICD-10 Training Plan

The ICD-10 training plan consists of two parts: self-learning modules and interactive training.

Part 1: Self-Learning Modules – “ICD-10-CM: By the Numbers”

This is a ten-program online series co-sponsored by the American Academy of Orthopaedic Surgeons (AAOS) and Karen Zupko & Associates. (See login instructions below)

The first program in the series, *Introduction: ICD-10-CM Architecture & Structure, Osteoarthritis, Joint Pain*, walks you through the basics of the ICD-10-CM code structure and demonstrates how to correctly apply ICD-10-CM codes to clinical cases. Additionally, this program introduces the first set of specific orthopedic diagnosis groups, osteoarthritis and joint pain, to demonstrate how to apply the new coding concepts.

Once you view the introductory program you are prepared to apply your knowledge and move on to any of the remaining nine anatomically site-specific and specialty-focused modules.

Series Description*:

1. Introduction: ICD-10-CM Architecture & Structure, Osteoarthritis, Joint Pain - **POSTED**
2. Sports: Torn Meniscus (Traumatic and Non-Traumatic), Anterior Cruciate Ligament Injury, Joint Contusion - **POSTED**
3. Hand: Tendon Injury (Traumatic and Non-Traumatic), Carpal Tunnel Syndrome, Trigger Finger, Dupuytren's Contracture - **POSTED**
4. Shoulder & Elbow: Rotator Cuff Tear (Traumatic and Non-Traumatic), Lateral Epicondylitis, Impingement Syndrome - **POSTED**
5. Adult Reconstruction Hip/Knee: Rheumatoid Arthritis, Chondromalacia, Mechanical Complications of Implants - **POSTED**
6. Spine: Back Pain (Chronic) & Strain (Acute), Spinal Stenosis, Herniated Disc- **POSTED**
7. Foot & Ankle: Achilles Tendon Rupture (Traumatic and Non-Traumatic), Hallux Valgus, Hammer Toes, Plantar Fasciitis
8. Pediatric Orthopedics: Scoliosis, Osteochondrosis, Cerebral Palsy, Salter-Harris Fractures, Slipped Femoral Epiphysis
9. Fractures (Traumatic): Documentation Explosion and Details from the 7th Character
10. Fractures (Fragility): Documentation Explosion and Details from the 7th Character

***Note: As of 09/23/2015 there are six modules posted. Complete the “Introduction” module and any other modules specific to your scope of practice. Remaining modules will continue to be posted.**

Self-Learning Web Site Log In Instructions:

1. Go to <http://www.aaos.org/home.asp>
2. Scroll down and select "OrthoPortal" on the left-hand side
3. Click "sign in" in the upper right corner of the "OrthoPortal" page
4. Enter user name and password below:
User Name: mark.devine@inova.org
Password: Welcome (Passwords are case sensitive)
5. Select "Webinars" from the left navigation menu under the "Education" heading
6. Choose a webinar (list is located on the right side of the page under the heading "ICD-10 CM: By the Numbers") and click the underlined title or "Play Video"

B. Documentation Guidance for Patients Admitted to Acute Hospital Setting:

Review the 3M Specialty Documentation Reference Card for Orthopedics located on Inova's "Physician Documentation" site at the link below. **Note: This 3M proprietary content is password protected. Enter the following:**

User Name: Inovadoc

Password: ICD10

<http://www.inova.org/for-physicians/physician-documentation/ICD-10/specialty-reference-cards>

Part 2: Interactive Training

Join your colleagues for the following presentation to complete your training:

"ICD-10 Training for Orthopedics"

Presented by Sarah Wiskerchen, MBA, CPC and Karen Zupko & Associates

Wednesday, Sept. 30

1 p.m. – 7:00 p.m.

(Light refreshments provided during break)

Epic Training Center*

8111 Gatehouse Rd. Falls Church, VA 22042

R.S.V.P. by email to mark.devine@inova.org

*Classrooms are located on Level B2. Please check the monitors as you exit the elevator for the assigned classroom for this course.

Presentation Details:

- Overview of ICD-10
- Injuries and External Causes
 - Architecture & Organization of the Injury Chapter
 - The "Injury Guy" coding aid to identify the "category" of any injury

- Technology Tips and Demo
- Classification of Fractures and Fracture Documentation
 - Leo C. Far to master fracture documentation
 - ✓ Gustilo
 - ✓ Neer
 - ✓ Salter Harris Fracture/Non-traumatic Slipped Femoral Epiphysis
- Key documentation elements for fractures of shoulder, elbow, hand, pelvis
- Complication of Procedures
 - Wound
 - Infection
 - Mechanical Complications
- Sprain / Strain – Did they solve the problem
- **Introduction to ICD-10: The Zupko Slim Guide to Orthopedic ICD-10**

Every workshop participant will receive the ICD-10 Zupko Slim Guide to Orthopedic ICD-10. This reference is condensed to the codes used most commonly to report musculoskeletal diseases and complications. The guide includes the KZA “Injury Guy” offering a streamline method of identifying the category (first three characters) for any diagnosis from the injury chapter of ICD-10.
- Diseases of the Musculoskeletal System
 - Architecture and Organization of the Musculoskeletal Chapter
- The “Musculoskeletal Block”
 - Descriptive Terms in the Musculoskeletal Chapter
 - Complications - Chapter specific pre- and post-op complications
 - Pathologic fractures
- Focused look at arthritis, pain, gout
- Key documentation for common diagnoses of shoulder, elbow, wrist and hand, pelvis, foot and toe